



COVID update

In line with schools across Haringey, we are currently having to manage an increase in COVID cases across the school.

I would request that families remain vigilant and use lateral flow tests on a regular basis for anyone over the age of 5 whilst members of your family are asymptomatic and ensure that you organise PCR tests if any member of your family exhibits COVID symptoms.

I have shared a flow chart to try and explain the current requirements around self-isolating at the rear of this edition of Headlines, which has been shared by the Haringey Public Health team

Due to high levels of staff absence, supply agencies continue to be overwhelmed with requests for staff and have been unable to provide cover, so managing high levels of staff absence continues to be a challenge.

Safer Internet Day 2022

Safer Internet Day 2022 will be marked next week at St. Aidan's with the theme '*All fun and games? Exploring respect and relationships online*'.

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2022 celebrates young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

Our computing subject leader, Sally Dalati, will be leading assemblies for children in Years 1-6 next week.

I would also encourage all parents to keep their knowledge of how to keep their children safe online up to date. Primary aged children are digital natives who use the internet in a very different manner to their parents. Useful resources can be found here: <https://www.thinkuknow.co.uk/parents/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety>

I would also recommend for parents to have regular and age appropriate conversations around internet safety with their children, so that there is open dialogue around keeping them safe online. Here are some pointers of issues to explore, and practical advice on what to tell your child to do and not do, and what to watch out for.

1. Be careful about talking to people you don't know and trust in real life – anyone can

pretend to be a child online. If you do talk to people you don't know, don't give away personal information – such as what street you live on or where you go to school, or share your location with them. Say no to any requests they send you for images or videos of yourself, and stop talking to them

2. Set your profiles to private, to limit what others can see
3. Think carefully about what you share and with who. Once you've shared an image, you've no control over what the other person does with it. Remember, it's **illegal** to take, share or view sexual images of under-18s, full stop
4. Be mindful of your digital footprint. What you post online now could come back to bite you later, like when applying for jobs, college or university
5. If you see something upsetting, or someone bullies you, tell an adult you trust. Report it too
6. When reading news online, ask yourself what the source is, when it was published, and whether it could be a hoax or made up. Read beyond the headline too
7. Remember, people try to make their lives look more exciting and interesting online. There's a lot people can do with photo editing to make their photos look better. So don't assume everything you see is a true-to-life representation
8. Watch out for hoaxes and scams, like messages you're meant to forward on or that ask you for payment details or your password
9. Take any content that seems to glamourize gang lifestyles with a very large pinch of salt – it's not as glamorous as it looks. Be wary of schemes promising easy cash for receiving and transferring money too, they're almost definitely criminal activity
10. Watch out for loot boxes or other parts of games where you pay money to take a chance on getting a reward – you can get sucked into spending lots of money on them.

A message from the School Garden Team

Following a busy autumn term in the school garden we are starting to see the first signs of spring, and green shoots are appearing in the beds and pots. Our regular Friday lunchtime gardening club has been enthusiastically attended - highlights include growing winter salads in the greenhouse, making bird feeders and establishing a wormery.

It is a lovely space, and very valuable to the whole school community. We would love to see it being used for a wide range of activities from learning breakouts, staff and parent meetings, as well as for gardening. But it is looking a bit tired, so we are really grateful to the PSA for funding some much-needed work: pruning the apple trees, building new and repairing existing raised beds, and replacing the ground surface on the top level.

We are always keen to welcome volunteers who would like to join us in the garden - no experience or knowledge required (but appreciated, obviously). If you are interested in finding out more, please get in touch with Louisa in the office.

RSPB Garden Watch

Many thanks to the garden team, who supported children to participate in the RSPB schools watch event Friday.

Between 11.20am and 12.20pm, the children observed:

- 2 wood pigeons
- 1 blackbird
- 1 house sparrow
- 1 robin
- 1 feral pigeon
- 2 great tits
- 4 goldfinches

Can you help?

If anyone has a stairgate that they no longer use, we would really appreciate it. Please contact the office if you can help.

Foodbank donations

We have agreed to continue to be a drop off point for donations for the Holy Trinity Food Bank. Please leave any donations in the box in the entrance hall and we will ensure these are passed over to the Food Bank team on a weekly basis.

Update from the PSA

Nominations for PSA Chair

The position of PSA Chair will be coming up shortly. This is a varied and exciting role for someone who has a little extra time to help coordinate the PSA fundraising events. If you would like to be considered for the position please don't be shy, let us know!

If you would like any information on what the job entails please speak to current Chair Anne-Louise Craven or the previous Chair, Alexandra O'Dell.

Minutes of the last meeting

The minutes of the last PSA meeting are shared at the rear of this edition of Headlines.

Class Cake Sales- Dates

The money raised from the cake sales goes to your class teacher to spend on additional resources or visitors to the class to enrich learning for the class.

Each class organises the cake sale themselves, generally at St Aidan's we go for 50p for a little cupcake / £1 for cupcake or plain slice and maybe a bit more for fancy slices. Try and have a range of products to suit gluten free / dairy and nut allergies. Have a chat to your class rep and those who have done a sale or three over the years for advice.

11th February- Green

4th March- Purple

22nd April- Indigo

20th May- Blue

10th June-Red

1st July- Orange

Parents' Wellbeing Workshop- a reminder



As a staff team, we have all received training on the Haringey Anchor Approach on their Resilience Wheel. This is a means of supporting wellbeing- both to support our wellbeing as staff, but also as a means to supporting children.



The Anchor team are now extending their training to include parents too.

You are invited to a free workshop to:

- Reflect on things in our lives that help us stay well
- Use the Haringey Resilience Wheel (pictured above) to understand our needs and how we can meet them in small ways each day
- Reconnect with our 5 senses to feel good

Training will be held virtually, on Microsoft Teams, from 10-11am on Thursday 10th February. There are

some printed materials for parents which we have agreed to print and circulate.

Therefore, if you are interested in joining and receiving the materials, please email aross@staidansprimaryschool.org.uk

Deadline for Nursery admissions

Please ensure that application forms for September 2022 admissions are submitted by 1st March. Please do not hesitate to contact Joy or a member of the Nursery team if you would like more details.

The Unknown Adventurer

Are you looking for an exciting day out at half term? Why not join St. Aidan's parent, Teddy Keen, who is leading an event at the Southbank Centre?

Teddy is heading deep into the Amazon rainforest via *The Lost Book of Adventure*. Teddy has led sessions for classes at St. Aidan's previously, and always had rave reviews from both children and staff. Further details are below:

<https://www.theunknownadventurer.com/>

<https://www.southbankcentre.co.uk/whats-on/family-young-people/journey-last-river-teddy-keen?eventId=893867>

Virtual Coffee Morning

The West Haringey School Nursing team are organising virtual coffee meetings for parents. Parents

are invited to meet school nurses, share concerns and gain information on how to support your child's health and well-being

Spring Term - Emotional Well being

February - Sleep & Health

Monday 7th February 2022: 10am

Wednesday 23rd February 2022: 4pm

The meetings are held on Microsoft Teams and can be accessed by clicking on the links below:

1) Monday 10am Link is below

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

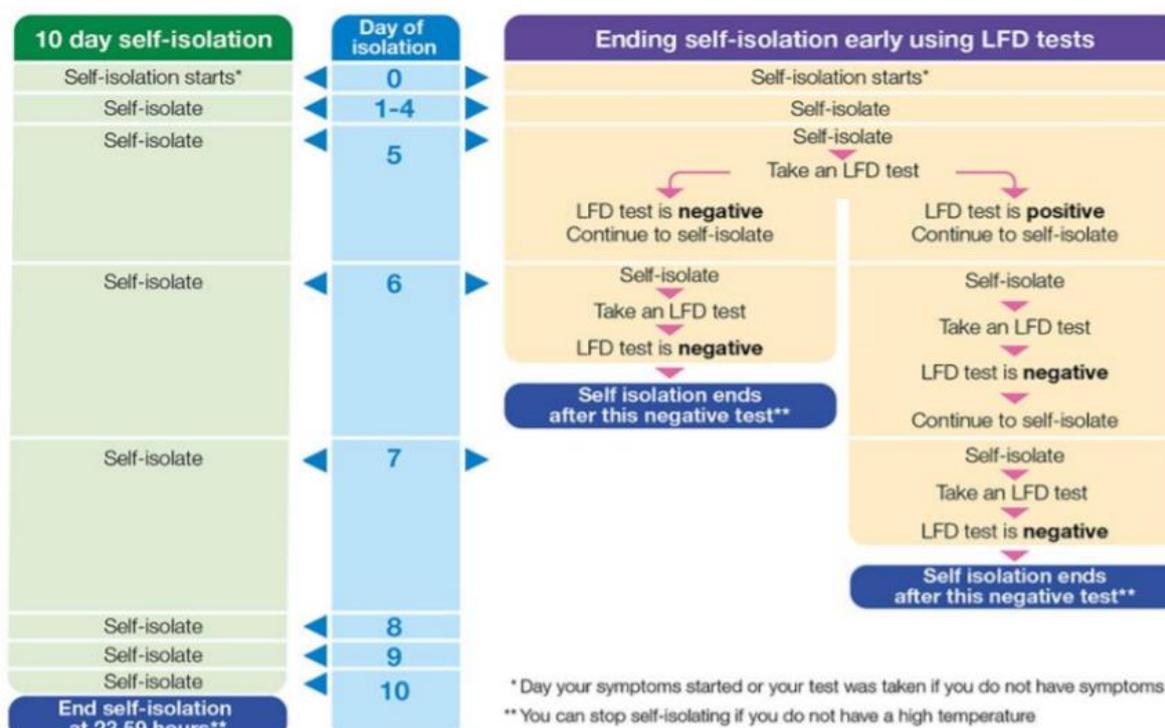
2) Wednesday 4pm Link is below

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Self-isolation guidance from Public Health



PSA Meeting 25th January 2022

Attendees:

Jetta Norton - Governor and Trustee

Juliet Thornback - Purple class rep

Tom Way - Blue class rep

David Sansom - Treasurer

Susie Braun - Orange class rep

Anu Lissannti - Indigo class rep

Susie May - Garden volunteer lead

Anne Etchells

Kerryn Rossander - Treasury Assistant

Jo Johnston - Red class rep

Polly Ackroyd - Red class rep

Ela Karel - Green class rep

Anne-Louise Craven - Chair

Alexandra O'Dell - Secretary

1. What is the role of the St Aidan's N4 Parent School Association?

a) Reminder of the aims and objectives from the Charity Commission website:

"The objectives of the Charity are to support the school and to raise funds to provide additional resources to improve the learning environment and to bring to St Aidan's a stronger sense of community, a more effective level of parent involvement.

To advance the education of pupils in the School in particular by: Developing effective relationships between the staff parents and others associated with the school; Engaging in activities or providing facilities or equipment which support the School and advance the education of the pupils"

b) The PSA is primarily a fundraising body, we do not get involved in school Governance issues.

c) The Reps are responsible for helping to approve/challenge requests from the school for funding, send PSA information out to their parent groups, help organise fundraising events and volunteers

d) Supporting of 'core' education and capital projects vs 'nice to have's'?

The PSA's main objective should be to fund-raise, and we need to drive a common understanding and keep parents informed of where funds raised has helped the school. The school is grossly underfunded on SEN provision, etc. and for capital projects i.e. building works etc.

Are we prepared to fund more curriculum-based items?

Action: Anne to suggest curriculum projects that the PSA could possibly assist in funding, i.e. Subscriptions for certain resources such as MyMaths.

Action: to set up a survey monkey to ascertain from the parent body whether they are happy for the PSA to increase funding for more ongoing curriculum-based items (Anne-Louise)
How do we position the 'ask' for money to parents? Do we send out another letter?

Action: Ali to pick up with Helen – redraft previous letter and refresh with current numbers

2. Review of 2020/2021 and Spend Requests

Morale has been maintained and we've succeeded in maintaining fund-raising meaning income has remained relatively consistent

Recent outings:

Red class shed

CO2 monitors

Outside toilets (completed Easter 2021)

Ongoing costs: WCIT, scrap project, fruit, grants for books etc. school counsellor, Covid cleaning which we had ring-fenced for 3 years but potentially no longer needed.

Spend requests:

Inside toilet refurbishment - red class £10k quotes at present. Will also seek quotes for refreshing Orange and Yellow toilets for comparison.

Action: Anne to seek quotes for refreshing approx 3 classes' toilets for comparison.

Action: Anne-Louise would like to arrange another quote for the project, to ensure we are getting good value for money.

3. Garden Project - Susie May and Hannah

Aim is to encourage the children to come and experience gardening - Friday gardening club coordinated by Tessa. The children are really enthusiastic about this venture.

A parent landscape gardener (Dan) has shared a quote for additional structural improvements that will improve the space greatly. The quote is fully itemised and comes to just over £2K, does not include the awning or furniture.

Pruning: £240 - needed imminently. Susie May to get this kicked off with Dan asap.

We currently allocate £500 a year for the garden - need to review whether this needs to be increased, current opinion is this is adequate.

4. PSA shed needs an overhaul, including rat-proofing. Shelves in the shed are quite warped also and need replacing. We have lots of books and some Disney toys - Ela Karel suggested having an ongoing stall in the playground to which people could also donate books, payment could be via an honesty box. Any unwanted books could be donated to a charity called The Book Trust as suggested by Jetta.

5. Fundraising Event Suggestions:

- Caribbean takeaway evening -
- 2nd hand uniform sale - need more thoughts as to how to manage, could nominate a class to be responsible, maybe year 6 as they no longer require the uniform
- Cake sales - to be scheduled
- Summer Fair - as it's 100% outside, this can go ahead this year
- Online Auction was very successful, and could be run continuously throughout the year if we have volunteers to manage
- Similarly, an online shop is another thing that could be set up - kid's art work etc., Anu can contribute to this conversation
- Disco - Suggested that we have an earlier low sensory session, followed by a noisier one with lights. Silent disco is another option. Could make a provision somewhere for parents to socialise - maybe with drinks?
- Roller disco - to be discussed - could be held in the ball court and be for families, the idea needs to be fleshed out by the parent who initially suggested this.
- Quiz - will need to be after March as would be held indoors.

- happyschoolbag.co.uk - a charity who will take decent quality second hand clothes in return for a donation
- Outdoor cinema
- Jo Johnston to email the rest of the ideas that were put to her from her class

6. Positions Vacant

Huge thanks to Anne-Louise for her fantastic leadership, notably during a very challenging couple of years (see item point 2 as evidence of her achievements!)

Agreed to put the Chair post out to the parent body via Headlines

7. Admin

Trustee names to be updated on school/Charities Commission websites: Jetta, Elaine and Anne are current trustees.

Sally, Lucy, Jo (former PSA chairs) to be removed

Separate session needed on the some of the official obligations/administration required, Charities Commission updating etc etc.

Anne-Louise action to send PSA handbook to Anne Etchells for updating on the school website