 **St. Aidan’s Primary School – Week 1**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meat or fish** | Mild chicken korma served with basmati rice and peas with naan bread  G | Macaroni cheese served with garlic bread and sweetcorn with salmon salad  G D | Roast beef served with roast potatoes, Yorkshire pudding, gravy and seasonal vegetables  G D E | Margarita pizza served with beef pepperoni and coleslaw  G D | Oven baked fish fingers (Marine Stewardship Council approved) or sausages with chips and beans  G D F E |
| **Vegetarian** | Spinach and lentil korma served with basmati rice with naan bread  G | Sweet tomato penne served with garlic bread and sweetcorn  G D | Cheese and potato whirl served with roast potatoes, Yorkshire pudding, gravy and seasonal vegetables  G D E | Margarita pizza or cheeseless pizza or pasta salad and coleslaw  G D | Cheese and red onion tartlets with chips and beans  G D E |
| **Dessert** | Fruit salad or organic yoghurt  D | Cheese and biscuits  G D | Fresh fruit platter with yoghurt  D | Orange cake with custard  G D E | Fruity jelly |
| **Daily options** | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D |

 **St. Aidan’s Primary School – Week 2**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meat or fish** | Beef Bolognese spaghetti served with homemade garlic bread and broccoli  G D | Jacket potato with cheese, tuna or beans  G D F  Or  Chef’s special | Roast chicken breast served with roast potatoes, gravy, Yorkshire pudding and seasonal vegetables | Lamb mince served with rice and carrots | Fish fingers (Marine Stewardship Council approved) or BBQ chicken served with chips, peas and tomato sauce  G F D E |
| **Vegetarian** | Quorn mince Bolognese spaghetti served with homemade garlic bread and broccoli  G D | Jacket potato with cheese, tuna or beans  G D F  Or  Chef’s special | Bean and vegetable puff served with roast potatoes, gravy, Yorkshire pudding and seasonal vegetables  G D E | Vegetable mince served with rice and carrots | Cheese quiche served with chips and peas  G D E |
| **Dessert** | Fruit or organic yoghurt  D | Strawberry jelly  G | Fruit  D | Chocolate cake and chocolate sauce  G E D | Ice cream  D |
| **Daily options** | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D | Freshly baked bread  Jacket potato with cheese or beans  Assorted salads  Water  G D |